



WOODSTOCK HOSPITAL
Woodstock, ON

PREADMISSION INFORMATION FOR SURGERY

- You must call the hospital at **519-421-4220** on _____ between the hours of **1:00 pm and 3:00 pm** to find out the time you have to arrive at the hospital on the day of your surgery
- **DO NOT smoke the morning of surgery.** Please discuss with anaethetist if applicable
- **DO NOT use any recreational drugs for 1 week before your surgery**
- **DO NOT eat anything or chew gum 8 hours before your arrival. If you do, your surgery will be cancelled. You may brush your teeth. Clear fluids (water or apple juice) may be given until 3 hours before arrival.**

Exceptions:

- Breast milk may be given until 4 hours before surgery
- Infant formula may be given until 6 hours before surgery

BEFORE COMING TO THE HOSPITAL

- **Stop all herbal medications 1 week prior to surgery**
- Please notify your surgeon if your health changes (ie cold , flu, etc)
- **REMOVE ALL JEWELLERY (EARRINGS, NECK CHAINS, RINGS, BODY PIERCING, ETC)**
******NO EXCEPTIONS******
- Remove all nail polish from finger nails and toe nails.
- Take a shower or tub bath prior to surgery. **DO NOT** use lotions or creams. You may use deodorant
- Wear loose fitting clothing and flat shoes
- Wear your hearing aids and glasses (do not wear contact lenses)
- **WOODSTOCK HOSPITAL IS A FRAGRANCE FREE ENVIRONMENT. PLEASE DO NOT WEAR OR USE ANY SCENTED PRODUCTS PRIOR TO YOUR HOSPITAL VISIT**
- Leave all valuables and monies at home
- Bring your CPAP machine if you use it at home. Patients with sleep apnea stay approximately 6 hours in Daycare after your surgery for additional observation.
- Female patients: please notify nurse if you think you may be pregnant



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THE DAY OF YOUR SURGERY

The morning of surgery, take the following medications with a sip of water:

- Bring all medication in their original containers, including prescription and over the counter drugs.
- If you have seen your doctor since your pre-admit clinic appointment, and **medication changes** were made, please inform nursing staff on your day of surgery so your list can be updated
- Bring your health card and medical insurance information
- *• **We must have 2 phone numbers where we can reach you for up to 24 hours prior to your surgery in case of a time change. Please remember to leave these 2 numbers when you register with Patient Registration.** It is important that you are punctual so that any preparations may be made before your surgery. If you are late, your surgery may be canceled. If you are unable to keep your appointment, please notify your surgeon and the hospital at **519-421-4220** as soon as possible
- **NOTE:** If you are staying overnight in the hospital, have family bring personal items and toiletries in after the surgery to your room. A parent may stay with a child overnight
- **On your day of surgery, please report to Patient Registration on the main level.** Once registered, you will be directed to the Day Surgery unit on the second level. The waiting area is at the top of the second level staircase or just as you get off elevators 1 and 2. Please wait here until the Day Surgery nurse calls your name and then proceed into the unit for admission. Any visitors will remain in the waiting area, unless otherwise directed. If you are waiting more than 15-20 minutes, please pick up the black phone which rings into Daycare to make the nurses aware
- **You WILL need someone to drive you home. THIS IS MANDATORY**

Please refer any questions to Day Surgery at 519-421-4233, Ext 2309.

****PLEASE DO NOT THROW OUT THIS SHEET UNTIL AFTER YOUR SURGERY ****