



Woodstock Hospital

NEWSLETTER

SPRING
2023



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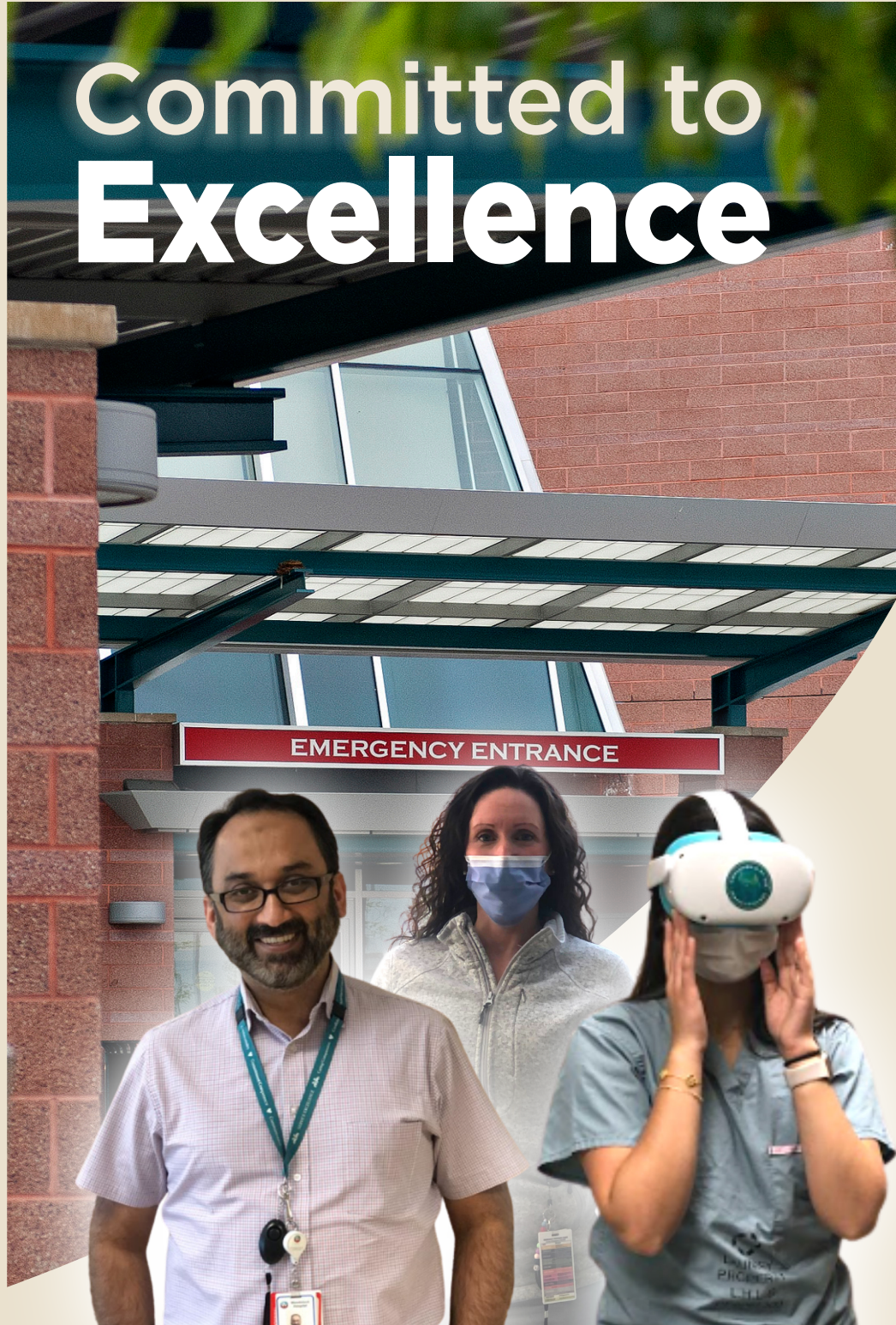
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Foundation Board Report



MESSAGE from the President & CEO



Perry Lang
President & CEO

Over the winter months, Woodstock Hospital continued to deliver high-quality, compassionate care to all. In the past few months, we have been busy planning, enhancing, and innovating the services we provide, continuously striving to improve our processes and demonstrate our commitment to excellence. As I reflect on

the updates we have in store for you in the following pages of this season's community newsletter, I hope you'll enjoy reading about the dedicated teams at Woodstock Hospital.

On page 3, I invite you to read about the exciting enhancements recently made to our inpatient menu, thoughtfully and strategically trialed and designed with patient experience and recovery in mind. Another recent development can be discovered on page 6 where you will read about the impressive, innovative changes in the Emergency Department that are further increasing patient

safety.

We have exciting news to share this season so be sure not to miss page 4 to learn about the expansion of the Woodstock Hospital footprint.

As in previous Spring Issues of the Woodstock Hospital Newsletter, this edition contains the year-end report from the Chair of the Woodstock Hospital Foundation's Board. I thank Jenna Morris for her leadership in her first term as Chair, and invite you to read her report on page 11. On page 10, you will find the Foundation's Operating Statement for the 2022 year. On behalf of the hospital and all who depend on our services, I thank the Foundation for their commendable fundraising efforts throughout the year, ensuring Woodstock Hospital is equipped to provide the highest-quality patient care possible for the members of our community.

Thank you for your ongoing support of Woodstock Hospital and for taking a few moments to read our latest community newsletter. Wishing you a pleasant springtime season. ■

WELCOME TO OUR HOSPITAL NEWSLETTER!

The Woodstock Hospital newsletters are published tri-yearly by Woodstock Hospital Board of Trust and the Woodstock Hospital Foundation. Past publications can be viewed electronically on the *News* section of the hospital website.

If you or someone you know would prefer to have the newsletters emailed to you, you can notify us by sending a message to jwakutz@woodstockhospital.ca, or by subscribing on our website.



WOODSTOCK HOSPITAL

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**WOODSTOCK HOSPITAL
FOUNDATION**

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Woodstock Hospital



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Woodstock Hospital

RECRUITING Hospital Volunteers

Woodstock Hospital is excited to be welcoming back volunteers after a long pause in light of the COVID-19 pandemic.

“Volunteers have always been valued members of the multi-disciplinary team here at the hospital,” says Nicole Dicy, Coordinator of Volunteer Services & Spiritual Care. “Volunteering is a great way to meet and interact with members of the community, build and develop skills, and contribute to the excellent patient care that Woodstock Hospital provides.”

Woodstock Hospital is currently recruiting volunteer team members for various roles across the hospital, including inpatient support for visiting and meal assistance; outpatient clinics & services for administrative support, including appointment reminder calls; information and wayfinding for greeting and directing visitors; as well as chapel support in Spiritual Care.

To join the Woodstock Hospital family today, contact Nicole by email at ndicy@woodstockhospital.ca, or by telephone at (519) 421 4211 extension 3650. ■

ENHANCING the Hospital’s Dietary Menu

The launch of a new meal program, Freshflex, has further enhanced the patient experience at Woodstock Hospital. Implemented in partnership with Aramark, the hospital’s food service provider since September 2021, the Freshflex program strives to achieve a superior culinary experience in healthcare dining, serving nutritious, restaurant-quality menu items.

“The program and menu have been designed with patient recovery and the overall healthcare journey in mind,” says Trish Lamers, Director of Food Services at Woodstock Hospital, “Fresh, nutritious, and enjoyable meals are truly an important part of a patient’s recovery, and can positively impact health outcomes.”

The Freshflex menu at Woodstock Hospital was developed in collaboration with Dietitians, Speech Language

Pathologists, and other stakeholders, and uses ingredients that are locally-sourced and in-season, when possible. All meals are fresh cooked, fresh plated, and never frozen, incorporating core proteins including beef, chicken, and salmon; fresh vegetables like carrots and brussel sprouts; and sides such as scalloped potatoes and risotto.

In preparation for the program launch, the hospital held tasting events in November, incorporating hospital patient and family representatives; and conducted menu trials in December, collecting insights and patient feedback to inform the menu. To ensure the highest quality patient dining experience, the Freshflex menu optimization process will be ongoing, with the menu continuing to evolve as more feedback is collected and trends are recognized.

“So far, patient feedback has been overwhelmingly positive,” says Director of Strategic Planning, Community Engagement & Patient Experience Lead, Jennifer Lynch. “Not only have patients noticed improvements in the menu, some have joked they hope to be discharged after dinner so they can eat at the hospital before going home.” ■



Sample meals from the hospital tasting event included options such as cheddar and red pepper frittata, braised beef, and homestyle ham.



Director of Food Services, Trish Lamers, at a Woodstock Hospital tasting event, collecting insights and patient feedback to inform the new menu.

ACHIEVEMENTS in Organ Donation

For the second year in a row, Woodstock Hospital has been recognized for efforts in Organ Donation with two awards from the Trillium Gift of Life Network (TGLN) for 2021/2022.

The Provincial Conversion Rate is based on the number of people who provide organ/tissue donations, out of the total number of potential donors, and the target of this for hospitals is a minimum of 63 percent. For a second year, Woodstock Hospital achieved an outstanding conversion rate of 100 per cent, therefore once again earning the Provincial Conversion Rate award.

As well as the Provincial Conversion Rate award, Woodstock Hospital was also honoured to receive TGLN's Eligible Approach award. This award represents the notable rate at which the hospital facilitated discussions about potential organ donation with families/eligible patients at end of life.

"The gift of organ/tissue donation really does improve and save the lives of so many," says Brad Joosse, Director of Critical Care/Dialysis at Woodstock Hospital. "We are so grateful to those in the community who have signed

their donor cards and said 'YES' to organ donation!"

In the past year, the hospital has had 15 tissue donors enhance the lives of many with their contributions. In the past nine months, six lives were saved thanks to two organ donors from Woodstock Hospital. Visit beadonor.ca to register today. ■



Back row (LtoR): Ashlyn Renkema, Brad Joosse, Dr. Anita Aggarwal, Heather Elliott, Colette Schell, Paula North, and Heidi Dantes
Front Row (LtoR): Jeannette Sabino, Harsimran Multani, and Keavah Clancy

EXPANDING the Hospital Footprint

Woodstock Hospital has purchased the newly constructed building at the corner of Athlone Avenue and Finkle Street, with future plans to expand hospital services. The hospital took possession of the new building on February 15, and looks forward to the upcoming consultative process with staff, patients, and Hospital Board members in determining the best ways in which to utilize the new space.

"This opportunity is equally as important as it is exciting," says Perry Lang, Woodstock Hospital President & CEO. "Expanding the footprint of the hospital further improves our ability to provide improved access and expanded services."

The building currently houses, and will continue to house, a pharmacy, hearing clinic, and physician office spaces, approximately half of the 30,000 square foot structure is unoccupied, roughed-in space. Following the consultative process and pending Ministry approval of these elected

services, the hospital will need to have the roughed-in spaces commissioned appropriately.

Though a timeline has not yet been established, this process is expected to last into 2024. More details to follow, in the coming months. ■



PEDIATRICIAN Joins New Department

Woodstock Hospital is honoured to announce the addition of its first full-time Pediatrician, Dr. Ameer Aslam. Dr. Aslam has an impressive background in Pediatrics, as well as Neonatal Perinatal Medicine, and looks forward to assisting in the development Woodstock Hospital's new Pediatrics Program.

"Our goal is to be able to provide services for sick children here in Woodstock, instead of sending them to other hospitals out of the area," says Dr. Aslam. "I am excited to be a part of the team working to make that happen and am proud to be working in this state-of-the-art healthcare facility."

After studying and residing in Pakistan and Qatar, Dr. Aslam continued his educational pursuits through Dalhousie University and the University of Toronto. Though he has experience working in larger institutions including Mount Sinai Hospital and Hospital for Sick Children (Toronto), before moving to Oxford County, Dr. Aslam practiced in Nova Scotia, in a town comparable to the size of Woodstock.

In his free time, Dr. Aslam enjoys cooking with his daughters and trying new recipes.

The Pediatrics Department at Woodstock Hospital was established in 2022 with the vision to build and grow a sustainable program for Oxford County, integrating pediatric services with other units within the hospital. The department responds to calls from Labor and Delivery and the Emergency Department, as well as providing coverage to a Pediatric Outpatient Clinic. Dr. Aslam provides consultation for newborns and support to those who are sick, reducing the number that need to be transferred out of Woodstock to other hospitals. ■



Woodstock Hospital's first full-time Pediatrician, Dr. Ameer Aslam, joined the team in November 2022.

HOSTING East Coast Hospital Delegates

Earlier this spring, on February 23, the hospital's Mental Health Department hosted delegates from Prince Edward Island's (PEI) Queen Elizabeth and Summerside hospitals. The goal of the visit was for the out-of-province associates to develop a deeper understanding of Woodstock Hospital's mental health services and processes, as models to be considered for implementation in their respective facilities.

During their visit, the East Coast delegates were provided an in depth look at the hospital's triage process for patients in crisis presenting to the Emergency Department (ED), as well as the Inpatient/Outpatient Mental Health programs, and Crisis Response Services.

Discussion between Woodstock Hospital and the welcomed visitors highlighted the Crisis Response Services program strengths and efficiencies. The meeting also emphasized the impressive collaboration between

the Mental Health Department and ED to ensure program fidelity and success.

The tour and hospitality from Woodstock Hospital were well received by the visiting group. An invitation for Woodstock Hospital to visit PEI to present to a larger group has also been thoughtfully extended by leadership at Queen Elizabeth and Summerside hospitals. ■



Members of the visiting group included delegates from Queen Elizabeth and Summerside hospitals in Prince Edward Island, pictured here with members of Woodstock Hospital's management group.

EMERGENCY

Department: STEMI Initiative

An ST-elevation myocardial infarction (STEMI) is a form of heart attack with a fully blocked coronary artery. Though any type of heart attack is a medical emergency and can be life-threatening, often STEMI is more severe and more dangerous than other types.

To enhance the timely diagnosis of an acute STEMI, Woodstock Hospital's Emergency Department (ED) developed the idea of a STEMI initiative. Being able to quickly identify and prioritize patients potentially having an acute STEMI, and having the dedicated space to perform electrocardiograms (ECG) on walk-ins, were identified priorities to optimize the diagnosis and treatment of these particularly dangerous heart attacks.

After identifying the physical environment and department layout as possible barriers to the timely diagnosis of STEMI, the decision was made to redesign the ED waiting room. Now, the ED triage nurse is able to see the reason for each patient's visit on an electronic tracking board, allowing them to appropriately prioritize patients who are waiting, further enhancing patient safety by reducing adverse events from prolonged wait times.

Because registration was moved to a new location in the waiting room, a second triage room was also freed-up and now provides space for an extra stretcher and ECG machine for the triage nurse's immediate use, when required.

As well as these physical adaptations, a new set of standard operating procedures (SOP) was created: "CODE STEMI". The new SOP outlines the process from patient arrival in the ED, to possible transfer to an accepting cardiac facility. It also identifies the roles and responsibilities of each member of the team.

"Overall, ED was able to achieve amazing success through our STEMI initiative. This outside-of-the-box thinking has yielded fantastic results for Woodstock Hospital," says Heidi Dantes, Director of Emergency and Outpatient Clinic. "The improvements we have noted would not have been possible without the ED team's focus on quality improvement and safety."

Currently, thanks to this initiative, 75 per cent of ECGs in the Woodstock Hospital ED are completed within 10 minutes of arrival—an outstanding achievement. ■



ALLYSHIP: LGBTQIA+ Education for Staff

Woodstock Hospital is proud to be providing LGBTQIA+ education for all staff. In-class teaching sessions began late last fall, and for those unable to attend in-person training, education modules were assigned on an online learning platform in early 2023.

The acronym LGBTQIA+ stands for Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, and Asexual, with the plus sign meant to represent other identifications not captured by one of the included letters.

This education provides staff with an enhanced understanding of LGBTQIA+ history and terminologies. The education was designed to help staff explore the healthcare needs of diverse populations, better understand their roles as healthcare providers and allies, and identifying the healthcare implications and costs of discrimination.

Woodstock Hospital is committed to building and maintaining trusting relationships with patients and their families, and providing high quality, compassionate care to all. Thanks to the donation of \$11,000 from RBC, professional development and learning requirements like the LGBTQIA+ education, Woodstock Hospital strives to continuously enhance the clinical and cultural competencies of all staff. ■

HEALTHCARE Behind the Scenes

The term “healthcare worker” is often associated with scrub-caps, surgical gowns, and the roles of direct care providers. However, there are many healthcare workers behind the scenes—though less recognizable—that play invaluable roles, crucial to the patient care at Woodstock Hospital. Meet a few of these healthcare workers “behind the scenes”!



Hi, I'm Navjeet, a Programmer/Web Developer in the hospital's IT Department.

Though the Information Technology (IT) Department doesn't work directly with patients, we play an important role in the hospital. Part of my role is to develop and maintain software applications so staff throughout the hospital have access to relevant and timely information required to provide care. Another part of my role is creating ways for patients to access relevant information, including but not limited to maintaining hospital websites. A recent project I worked on was programming a wait room dashboard, which helps provide relevant information to the patients waiting in the Emergency Department, such as the estimated longest wait time to see a doctor.

Making sure that staff and patients have quick and easy access to the information they need, when they need it, is all part of ensuring Woodstock Hospital is providing the safest and highest quality care possible!



Hi there! I'm Shelby, an Infection Prevention & Control (IPAC) Professional at Woodstock Hospital. The role of the IPAC team, though “behind the scenes”, is significant in ensuring the protection of patients, families, and staff from the transmission of infectious diseases and emerging pathogens.

The IPAC department works collaboratively with frontline teams, identifying and monitoring infectious diseases in patients, staff, and the community to reduce the risk of hospital-acquired infections. My role is to monitor risks through patient surveillance and auditing, to collect data, monitor trends, and report to Public Health. My favourite part of my role is doing research to ensure the hospital stays up to date on best practices and the latest technologies—like our Nocospray and UV Light systems that are used daily by our awesome housekeeping team—to ensure patient care areas are the cleanest they can be!



Hello, my name is Andrew, and I work in the hospital's Housekeeping Department.

The Housekeeping Department works around the clock to ensure that patients and staff are in the cleanest environment possible. As well as cleaning and disinfecting all clinical areas of the hospital, our team transports clean linen, removes waste and biohazardous materials, and see to any other cleaning needs as they arise.

In my role, I enjoy friendly conversations with patients while performing routine cleans and greeting staff and patients in the halls while transporting clean linen to the units or pushing the waste collection cart. The best assignment of all, of course, is cleaning floors on the ride-on floor machine.

Working in Housekeeping in my hometown hospital continues to be a challenging and rewarding role. Best of all is being able to bring a little bit of sunshine to the many patients who seek the Hospital's care.

MENTAL HEALTH and First Responders

In partnership with the Workplace Safety and Insurance Board of Ontario (WSIB) and Trillium Health Partners (THP), Woodstock Hospital's First Responder Mental Health Specialty Program has entered its third year. A first of its kind in Ontario, the pilot program uses a comprehensive, team-based approach to help First Responders acquire the necessary supports to manage and overcome trauma response and possible Post Traumatic Stress Disorder (PTSD).

"For firefighters, paramedics, police officers, and other First Responders who experience recurrent exposure to traumatic events, the First Responder Specialty Program offers a tailored approach to psychological treatment, specific to the unique and significant risks associated with working in these disciplines," says the hospital's Director of Mental Health Services, Shelley Muldoon.



Pictured (LtoR): Social Workers, Petra Kovaks and Tara Telfer, with Shelley Muldoon, Director of Mental Health Services; and Jessica Pacheco, Social Worker.

Treatment for those in the First Responder Program includes group and individual Cognitive Processing Therapy, Cognitive Behavioural Therapy (CBT), Physical Reactivation, and Return to Work Services.

"If you have an opportunity to attend Woodstock's Hospital PTSD First Responders' program, take it! I promise you, as scary as it feels, it was the best thing that happened to me," an anonymous program user reported in client feedback from December 2022. "[It] was not about reliving scenes and/or calls, it was about how to deal with our triggers, our thoughts, our sleeping patterns, establishing boundaries and techniques to survive with PTSD."

In a random audit of the program by WSIB and THP, Woodstock Hospital received an outstanding 96 per cent ranking in report submissions. ■



A group of the hospital's Mental Health Services staff during Social Work Week in early March.

NURSING

Recognition, Planning Underway

Nurses are vital members of the multidisciplinary healthcare teams at Woodstock Hospital. Heavily engaged with patients across most departments, nurses provide the foundation for the excellent patient-centered care the hospital provides.

This year's National Nursing Week runs from May 8th to May 14th, with the theme of 'Our Nurses. Our Future.' One of the ways the hospital plans to

observe this year's recognition week is through the second Annual Woodstock Hospital Nursing Awards.

To receive an award from the Woodstock Hospital Nursing Awards, nurses will be nominated by their colleagues with an example of how the candidate has demonstrated the particular value for which the category is named (the categories represent the hospital's corporate values: Compassion, Innovation, Resourcefulness, Collaboration, Leadership, and Ethics).

To ensure an unbiased deliberation, winners will once again be selected by the hospital's Patient and Family Advisory Committee after a review of all submissions. ■

STROKE CARE, Recognized for Excellence

Woodstock Hospital has been recognized for clinical excellence and outstanding commitment to leadership in rehabilitative stroke care. Accreditation Canada, the accreditation body that evaluates Canadian hospitals to ensure national standards are met, has awarded Woodstock Hospital with Stroke Distinction™ for 2022-2026.

During the accreditation process, a team of surveyors visited the hospital to review and evaluate stroke rehabilitative care and services, evaluating five key areas: Standards; Protocols; Key Quality Indicators; Excellence and Innovation; and Client and Family Education. As part of their extensive evaluation, the surveyors met with staff, physicians, patient advisors, and community partners, as well as with patients who have received stroke rehabilitative care at Woodstock Hospital.

“Achieving this award is a testament to Woodstock Hospital’s

commitment to clinical excellence and best-practice stroke care,” says Sherry McKnight, Director of Inpatient Rehabilitation and Complex Care. “Through the collective efforts of our interdisciplinary teams, patient advisors and community partners, we are improving the overall outcomes for our patients and families living with stroke.”

In achieving distinction, Woodstock Hospital was commended for its investments in comprehensive inpatient stroke rehabilitation services, engaging a prepared and proactive inpatient rehabilitation team, and providing safe and appropriate inpatient stroke rehabilitation services.

The surveyors’ report also highlighted successes in the hospital’s role in helping clients, families, and/or caregivers live with stroke, and the monitoring of quality to achieve positive outcomes. ■

GERIATRIC Emergency Management Nurse

From January to March 2023, Woodstock Hospital launched a trial initiative, in partnership with the Oxford Ontario Health Team (OHT), bringing a Geriatric Emergency Management (GEM) nurse on board in the Emergency Department (ED). Funding for the trial from Ontario Health allowed GEM nurse, Amy Ball, to be welcomed into the temporary role, bringing extensive experience in Complex Continuing Care and from prior work on Medicine units.

Amy was a part of the emergency multidisciplinary team, with a role of assessing and evaluating frail, vulnerable seniors (over the age of 65 years), who presented to the ED. While in her role, Amy determined if patients met the criteria for added supports, performing an in-depth assessment using approved screening tools, determining general wellbeing (nutrition, falls risk, cognition, home safety, and pain). Amy would also assess caregiver availability to meet daily needs, including grocery shopping, meal preparation, housekeeping; the risk of caregiver burnout; and the ability of the patient to care for his/herself. Once completed, Amy would develop a care plan to support the patient at home and initiate referrals for community services. After two to three weeks, the OHT

would follow up to collect feedback, informing potential improvements for the service/initiative.

“This valuable initiative is a great example of collaboration by Woodstock Hospital and the Oxford OHT to support our seniors and their caregivers when they come to the ED,” says the hospital’s Director of Emergency and Outpatient Clinic, Heidi Dantes. “While the GEM program was a temporary trial, due to the successes realized, we hope to find a way to continue this very worthwhile program.” ■

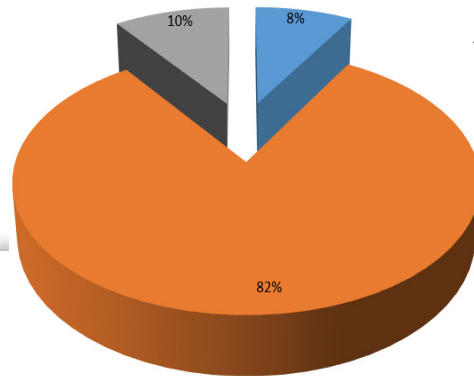


Geriatric Emergency Management Nurse, Amy Ball, joined the ED team in this temporary trial program.



	2022	2021
REVENUE		
Bequests, Donations, & Fundraising Initiatives	\$ 3,223,336	3,125,375
Lifeline	355,779	359,786
	3,579,115	3,485,161
EXPENDITURES		
Fundraising, Administrative & Other	1,451,968	1,389,212
Lifeline	313,805	312,631
	1,765,773	1,701,843
Funds from Operations	1,813,342	1,783,318
Investment Income (loss)	(1,067,966)	1,295,778
Contributions to WH	(521,963)	(392,100)
Fund balances, beginning of year	20,885,150	18,198,154
FUND BALANCES, YEAR END	\$ 21,108,563	\$20,885,150

Audited reports are available by contacting 519-421-4227



REVENUE

- Bequests
- Donations
- Lifeline

YOUR SUPPORT

Matters to our Hospital

Excellent patient care is a top priority at Woodstock Hospital and keeping equipment up-to-date allows us to meet our patients' needs. Technology allows us to provide prompt diagnosis, quicker recovery, and overall better patient care to Oxford County residents. But, because it is constantly evolving and improving, it makes the need to update our existing equipment and purchase new technology ever present. In order to maintain and upgrade equipment, our hospital relies on the community's generosity.

In 2021, we fundraised for Anesthetic Gas Machines, ECG machines, a Chemistry Analyzer, Medication Dispensing Cabinets, and a Mobile Fluoroscopy Camera. We count on the residents of Woodstock and Oxford County who show their generosity throughout the year – and for this support we are very grateful. In return, donors can feel secure in knowing that their money will stay in the community to support the equipment needs of their hospital. If you have any questions about our fundraising needs, please call 519-421-4226.



WOODSTOCK HOSPITAL FOUNDATION

2022 FOUNDATION BOARD MEMBERS

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SENIOR DEVELOPMENT OFFICER

Jocelyn Jenner

COMMUNITY DEVELOPMENT ASSISTANT

Rebecca Moore

REPORT to the Community



Jenna Morris,
Woodstock Hospital
Foundation Chair

As I reflect on my first year as Chair of the Woodstock Hospital Foundation Board, I feel a deep sense of pride for the community I belong to. I am grateful to be a part of a community that continues to support their local hospital with such generosity, ensuring patients have access to the very best care, close to home.

As our Operating Statement on page 10 indicates, we had another successful fiscal year January 1, 2022 – December 31, 2022. Bequests, donations and our fundraising initiatives amounted to approximately \$3.2 million in revenue. We are truly humbled by the support we receive from the community, businesses, and individuals from all places who chose to assist and participate in our initiatives.

Without provincial funding for medical equipment needs, Woodstock Hospital relies solely on the Foundation, and the generosity of donors, to ensure staff are equipped with the tools they need to maintain the highest standard of patient care. This is why the support of the Woodstock Hospital Foundation is so essential. By supporting the Foundation, YOU are impacting the health care in our community.

In 2022, the Woodstock Hospital Foundation fundraised for many pieces of medical technology and staff training equipment including a

neonatal ventilator for Maternal Child/ Women's Health and virtual reality training goggles and software for the Staff Development department. Thank you for your contributions towards these important purchases.

As the warmer seasons approach, I look forward to the upcoming Woodstock Hospital Foundation's 27th annual Dairy Capital Run in May, as well as the 24th annual Charity Golf Tournament in June. I invite you to read on in this newsletter to discover how you can register for these events—you don't want to miss them!

I look forward to my next term as Chair, building on the momentum of this past year's achievements. I would like to thank Cheri Palmer for her service the past two terms as Chair, as well as welcome the Board's newest member, Heather Nielsen. I want to take this opportunity to thank departing Board members, Connie Lauder and Greg Boddy, for dedicating their time and efforts in supporting the Foundation and its mission.

To our healthcare workers, and to the generous donors, sponsors, and supporters of the Woodstock Hospital Foundation, I extend my sincere thanks for your commitment to our hospital. Together, we can achieve excellence in healthcare for our community.

Thank you. ■

MESSAGE from the Woodstock Hospital Foundation



Jocelyn Jenner,
Senior Development Officer

So far this spring, Woodstock Hospital Foundation has been busy getting ready for our first in-person Dairy Capital Run since before the pandemic. The Dairy Capital Run is a fun, family friendly event that combines participation, physical activity, and community involvement in support of Woodstock Hospital,

and we are thrilled to finally be able to once again host this event live and all together! I encourage you to see page 15 to read about some of the exciting changes coming this year for our reimagined Dairy Capital Run.

Also coming up is our Annual Charity Golf Tournament, once again being held at Craigowan Golf Club in Woodstock. Proceeds from this year's event on Wednesday, June 14 will be supporting the purchase of a Robotic Floor Scrubber for the hospital's Housekeeping department.

The annual Golf Tournament is a fun and important event for the Foundation and hospital. Last year, the tournament

raised an outstanding \$60,000 to support the purchase of virtual reality training equipment for the hospital's Staff Development Department. I encourage you to see page 14 to read about this innovative equipment and the great impact it's had in further advancing the training of Woodstock Hospital's skilled healthcare teams.

All technology purchased through the Foundation allows Woodstock Hospital to provide prompt diagnoses, quicker recovery, and overall better patient care to Oxford County residents. However, technology is constantly evolving and improving, making the need to update existing hospital equipment ever present. Without funding from the provincial government to support the purchase of equipment, Woodstock Hospital relies on the generosity of the community to fund its equipment needs. By supporting the Foundation and/or participating in events such as the Dairy Capital Run, Annual Charity Golf Tournament, or 50/50 draw, YOU are supporting the patient care in *our* community, at *our* hospital.

On behalf of the Foundation, I would like to thank you for supporting our hospital. ■



Catherine Coombe and her husband Rob with their \$57,190 cheque, after winning January's Grand Prize Draw.



Deb MacDonald Coombe and her husband Rob with their \$139,632 cheque, after winning December's Grand Prize Draw.

50/50 DRAW Supports Equipment Needs

The monthly jackpots for the Woodstock Hospital Foundation's online 50/50 raffle continue to be cause for excitement, with the largest Grand Prize in recent months reaching nearly \$140,000.

Proceeds from the Foundation's 50/50 draw go towards supporting Woodstock Hospital's Diagnostic Imaging Department. These funds help to ensure that the talented technicians at the hospital have access to the cutting-edge technology they need to provide high-quality care to patients. Funds raised from the online raffle have led to major advancements in the Diagnostic Imaging Department, with current proceeds going towards supporting the purchase of a new, state-of-the-art computerized tomography (CT) scanner.

The Woodstock Hospital Foundation 50/50 Raffle features a minimum of three Early Bird Prize Draws and one final Grand Prize Draw every month. To buy tickets, visit www.woodstock5050.ca. License No. RAF 1301940. ■

APPRECIATION for our Donors

Donors' support of the Woodstock Hospital Foundation has helped address the current healthcare needs of our community, as well as the anticipated needs. With the continued support of donors, the Woodstock Hospital can continue to provide quality patient care using the latest, innovative technology.

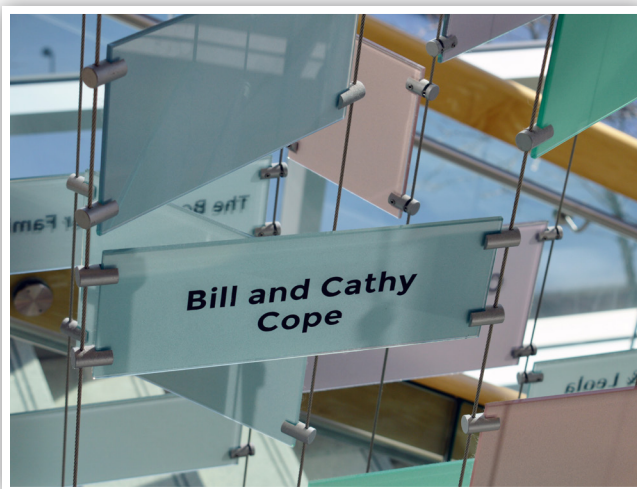
Long-time donors, Bill and Cathy Cope, have made generous donations to the Woodstock Hospital Foundation since 2015, allowing them to reach the Benefactor recognition level. Over the years, their support has enabled Woodstock Hospital to purchase equipment such as IV Pumps, Workstations on Wheels (WOWS), and surgical tables, just to name a few.

"We choose to support the Woodstock Hospital Foundation because we know that our contribution will help purchase much needed equipment that will benefit the community

for many years," says Bill Cope. "We encourage others to consider making a gift to this worthy cause."

The Foundation has recognized the donations made by its generous donors since its inception in 1988. Donors who have cumulatively donated \$5,000 or more are featured on donor walls throughout the hospital.

"It's important that our donors are recognized for their support and we are proud to showcase their generosity throughout the hospital," says Jocelyn Jenner, Senior Development Officer of the Foundation. "We are truly grateful to receive so much support from our community that allows us to invest in important services and equipment that help keep Oxford County residents healthy. Thank you to each and every one of our donors for believing in the work we do!" ■




Woodstock Hospital
FOUNDATION
 Charity Golf Tournament

The Woodstock Hospital Foundation's 24th annual Charity Golf Tournament will return to Craigowan Golf Club in Woodstock on **Wednesday, June 14, 2023**.

For more information or to register, please email Foundation staff at whfoundation@woodstockhospital.ca. Registration includes: golf, all meals, and a golfer gift. See you on the green! ■



MADE POSSIBLE BY YOU:

Training Equipment for Staff Learning and Development

Simulation training, through the Staff Development department, provides Woodstock Hospital's healthcare professionals opportunities to apply theory, gain experience, and practice skills and procedures without risking patient care. Simulation training allows staff to hone their skills in a safe, controlled environment that is conducive to learning, allowing them to build their confidence and competence to handle real-life situations, such as managing emergencies or resuscitation.

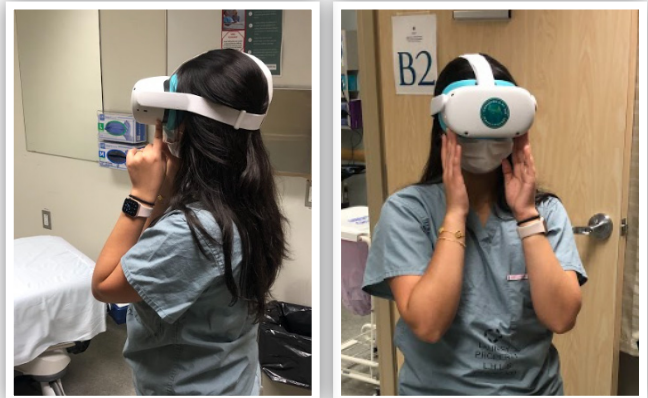
Last year, the Woodstock Hospital Foundation's annual Charity Golf Tournament raised an outstanding \$60,000 to enhance the simulation training available at the hospital. Thanks to this support, the Staff Development department can now offer staff at Woodstock Hospital an innovative and incomparable simulation training experience using cutting-edge Virtual Reality (VR) Goggles.

With traditional simulation training, there is often the need for expensive equipment such as a mannequins or task trainers, as well as a large physical space and instructors/facilitators. Because VR training does not require a fixed classroom location, time, or a facilitator, staff have the flexibility to carry out their learning when and where they need. All that is required for staff to receive training with VR technology, are the goggles, handsets, and an approximate one meter square space.

"The purchase of the VR Goggles has not only expanded our capacity to provide simulation training to staff, this equipment has allowed our hospital to become a trailblazer amongst others in Ontario," says Chuan Yong, Director of the hospital's Staff Development department.

The hospital's partnership with Health Scholars has

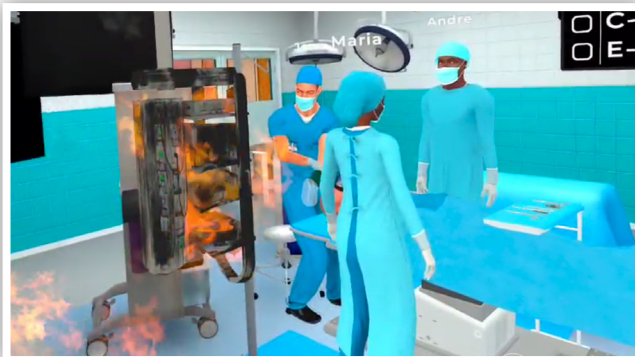
allowed for the performance of mandatory training with Operating Room (OR) staff on how to manage fires in the OR. In the fall, the hospital expanded access to the VR Goggles to the Critical Care Unit, Emergency Department, and Maternal Child/Women's Health nursing



Side and front view of the new Virtual Reality (VR) Goggles for staff training.

staff, increasing capacity to offer competency training in various high stress and complex clinical events, as VR training offers the ability to recreate a wide variety of clinical environments and tasks. As more virtual scenarios are built, Woodstock Hospital will continue to look for opportunities to extend the use of VR training to nurses and allied health professionals working in other areas of the hospital.

"We are so grateful to donors and those who supported the purchase of this cutting-edge equipment," says Yong. "We look forward to utilizing the VR Goggles for staff development, in support of the continued delivery of high-quality and safe patient-centered care." ■



An example of a fire in the Operating Room in one of the Virtual Reality (VR) simulation environments that Woodstock Hospital staff can now train in.



An example of Advanced Cardiac Life Support in one of the Virtual Reality (VR) simulation environments that Woodstock Hospital staff can now train in.

THANK YOU TO DONORS

for the Neonatal Ventilator for Maternal Child/Women's Health

Hi, I'm Leanne, the Director of Maternal Child/Women's Health at Woodstock Hospital. You might remember me from last year when I wrote a letter asking for your help in purchasing a designated neonatal ventilator for our unit.

Thanks to YOU and your generous contributions last winter, we were able to purchase a neonatal ventilator that has since arrived here at Woodstock Hospital. Having this new equipment helps to ensure that newborns who cannot breathe on their own, or are born with breathing difficulty, have life-saving equipment readily available to them.

Thank you for supporting the Woodstock Hospital Foundation and for helping us to further enhance the exceptional patient care we provide at Woodstock Hospital!

Leanne Paton

Director of Maternal Child/Women's Health, Woodstock Hospital



Woodstock Hospital's Director of Maternal Child/Women's Health, Leanne Paton, with the new neonatal ventilator (right) purchased through the Foundation thanks to donor support from the Winter 2022 direct mail campaign.

THE
DAIRY CAPITAL
WALK & RUN

Big Changes
in Store for 2023!



DISCOVERY FARM Saturday
WOODSTOCK, ON **MAY 27 2023**

The Dairy Capital Run is a community renowned fundraiser in support of the Woodstock Hospital Foundation, with all proceeds staying in the community, going directly towards upgrading technology and equipment at Woodstock Hospital. After a few years as a virtual run, the Woodstock Hospital Foundation is excited to announce that the Dairy Capital Run is back in person for 2023.

Though for several years pre-pandemic, Southside Park was home for the renowned event, this year, the run is MOO-ving! The Dairy Capital Run 2023 will be hosted at Discovery Farm Woodstock. Yee-haw!

This year, the run will be held on Saturday, May 27, and take place on new terrain that includes both grass and gravel. Runs available include a 5 KM, 2 KM, and Lil' Hooper Run.

As space is limited to 600 participants, the Foundation encourages community members to register early to ensure a spot in the run. Each participant will receive a finishers' medal and t-shirt.

For more information and details on how to register, visit whfoundation.ca. ■



Woodstock Hospital FOUNDATION

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**WOODSTOCK HOSPITAL
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